

How do I view my progress or pick up where I left off?

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This article explains how to quickly find your in-progress and completed content.

Big Think+ keeps a record of everything you're learning right in your Dashboard, making it easy to see what you've completed and to return to any content you've started.






What's in my Dashboard?

Your **Dashboard** gives you a snapshot of your learning activity at a glance. It displays:

- Your four most recent *in-progress* items
- Your four most recent *completed* items

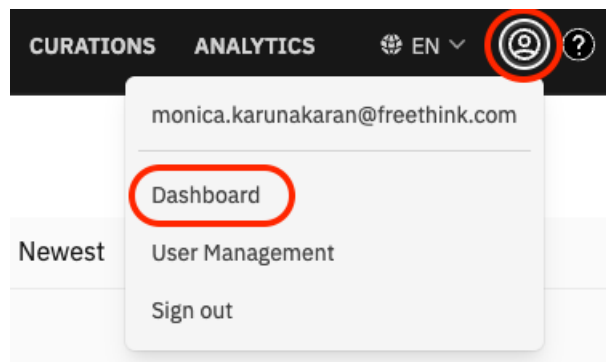
For a full view, the Dashboard also links to your **Learning History**, where you can browse your entire record of in-progress and completed content in table form.

← Learning history

Title ↕	Content type ↕	Expert ↕	Duration ↕	Progress ↕	Last viewed ↕
Mastering the Unnatural Act of Leadership: Lead Yourself,...	Course	 Various experts	260 min	<div><div></div></div> 46%	Dec 11, 2025
Videos for ID: Leadership Starts with You	Learning Path	 Various experts	432 min	<div><div></div></div> 5%	Dec 11, 2025
Step into a Leadership Mindset: Leadership Starts with You	Curation	 Various experts	226 min	<div><div></div></div> 23%	Dec 11, 2025
Designing a Fairer Organization: Reduce Bias in Hiring an...	Expert Class	 Kim Scott	20 min	<div><div></div></div> 16%	Dec 11, 2025
The AI Advantage: How to Lead with AI	Lesson	 Ethan Mollick	7 min	<div><div></div></div> 88%	Dec 11, 2025

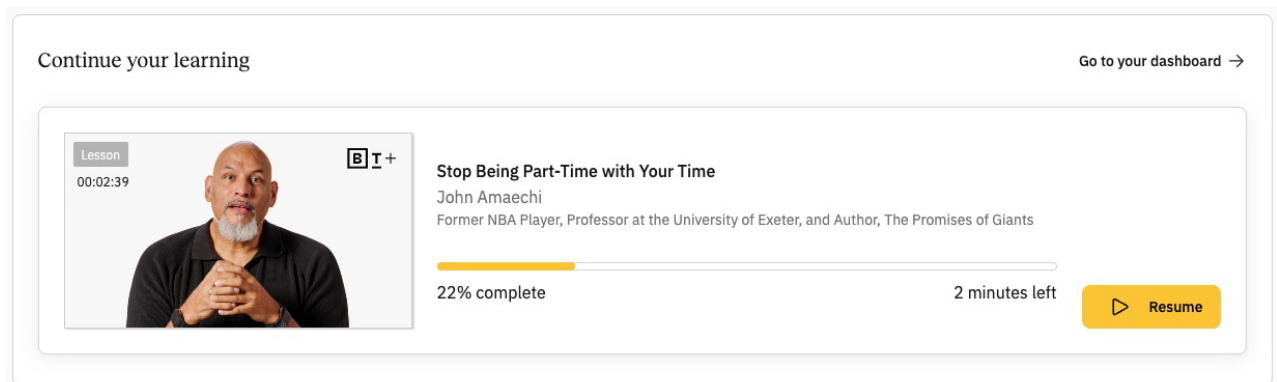
How do I access my Dashboard?

1. Click your **profile icon** in the top-right corner of the screen.
2. Select **Dashboard** from the dropdown menu.



How can I pick up where I left off?

If you have in-progress content, your most recent item appears at the top of your homepage. Click it to continue your learning.



To find older in-progress or completed content, open your Dashboard or full Learning History and select any title to resume.

Progress also appears visually across the platform. A **yellow progress bar** indicates how much of a lesson or class you've already viewed. You'll see this bar anywhere content appears — on the homepage, in search results, on capability pages, inside Curations, and more.

