

How do I view my progress or pick up where I left off?

Last Modified on 12/11/2025 12:47 pm EST

This article explains how to quickly find your in-progress and completed content.

Big Think+ keeps a record of everything you're learning right in your Dashboard, making it easy to see what you've completed and to return to any content you've started.

What's in my Dashboard?

Your **Dashboard** gives you a snapshot of your learning activity at a glance. It displays:

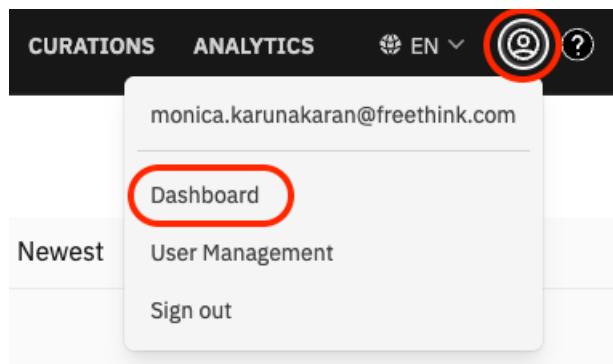
- Your four most recent *in-progress* items
- Your four most recent *completed* items

For a full view, the Dashboard also links to your **Learning History**, where you can browse your entire record of in-progress and completed content in table form.

← Learning history						
<input placeholder="Search by title" type="text"/>						
Title	Content type	Expert	Duration	Progress	Last viewed	
Mastering the Unnatural Act of Leadership: Lead Yourself, Lead Others	Course	🔍 Various experts	260 min	<div style="width: 46%;">46%</div>	Dec 11, 2025	
Videos for ID: Leadership Starts with You	Learning Path	🔍 Various experts	432 min	<div style="width: 5%;">5%</div>	Dec 11, 2025	
Step into a Leadership Mindset: Leadership Starts with You	Curation	🔍 Various experts	226 min	<div style="width: 23%;">23%</div>	Dec 11, 2025	
Designing a Fairer Organization: Reduce Bias in Hiring and Promotions	Expert Class	Kim Scott	20 min	<div style="width: 16%;">16%</div>	Dec 11, 2025	
The AI Advantage: How to Lead with AI	Lesson	Ethan Mollick	7 min	<div style="width: 88%;">88%</div>	Dec 11, 2025	

How do I access my Dashboard?

1. Click your **profile icon** in the top-right corner of the screen.
2. Select **Dashboard** from the dropdown menu.



How can I pick up where I left off?

If you have in-progress content, your most recent item appears at the top of your homepage. Click it to continue your learning.

A screenshot of the BIG THINK + homepage. At the top, a button says 'Continue your learning' and a link says 'Go to your dashboard →'. Below is a card for a lesson titled 'Stop Being Part-Time with Your Time' by John Amaechi. The card shows a thumbnail of John Amaechi, the title, the author, a progress bar (22% complete), a timer (2 minutes left), and a 'Resume' button.

To find older in-progress or completed content, open your Dashboard or full Learning History and select any title to resume.

Progress also appears visually across the platform. A **yellow progress bar** indicates how much of a lesson or class you've already viewed. You'll see this bar anywhere content appears — on the homepage, in search results, on capability pages, inside Curations, and more.

A screenshot of the BIG THINK + homepage showing two content cards. The first card is for a lesson by Simon Sinek titled 'The Anthropological Reason We Have Leaders'. It shows a thumbnail of Simon Sinek, the title, the author, and a progress bar indicating 100% completion. The second card is for an expert class by 'King' Willonius Hatcher titled 'Using AI to Create Amazing Things'. It shows a thumbnail of 'King' Willonius Hatcher, the title, the author, and a progress bar indicating 9% completion.